

Year in Review | 2023

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FOOD RECOVERY

We recovered a total of 53,309 lb (nearly 27 tons) of food

35,597 lb Value Added/Frozen

12,118 lb Distributed

4,384 lb Composted

1,210 lb Wooden Spoon Trade

We produced 25,230 ready-made meals, for a total of 41,775 servings

18,149 16 oz Meals (**18,149** Svgs)

4,715 32 oz Meals (9,430 Svgs)

2,366 Family Style Meals (**14,196** Svgs)

VOLUNTEERS

1,751 Hours

by Community Volunteers

1,085 Reimbursed Hours

by Wooden Spoon Staff

ENVIRONMENTAL SAVINGS

Through Food Recovery and Composting



214.0 metric tons of greenhouse gases

Equivalent to:

- * 47.6 passenger vehicles driven for 1 year
- * 27.0 US homes using energy for 1 year

https://www.epa.gov/energy/greenhouse-gas-equivalencies-calculato

NUTRITION RANKING OF RECOVERED FOOD

Based on Healthy Eating Research Nutrition Guidelines for the Charitable Food System

94%

GREEN *Choose Often*

Low Saturated Fat, Sodium and Added Sugar

1%

YELLOW *Choose Sometimes*

Medium Saturated Fat, Sodium or Added Sugar

2%

RED *Choose Rarely*

High Saturated Fat, Sodium or Added Sugar

https://healthyeatingresearch.org/wordpress/wp-content/uploads/2020/03/Nutrition-Guideline-Expert-