

## Year in Review | 2022

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FOOD RECOVERY	VOLUNTEERS
We recovered a total of <b>78,821 lb</b> ( <b>39 tons</b> ) of food <b>46,246 lb</b> Value Added/Frozen	2,123 Hours by Community Volunteers 1,040 <u>Reimbursed</u> Hours by Wooden Spoon Staff
21,508 lb Distributed	ENVIRONMENTAL SAVINGS Through Food Recovery and Composting
6,418 lb Composted	<b>249.9</b> metric tons of greenhouse gases
<b>3,479 lb</b> Wooden Spoon Trade	Equivalent to: * 53.8 passenger vehicles driven for 1 year * 31.5 US homes using energy for 1 year
1,170 lb Liquid Disposal	CALCULATOR https://www.epa.gov/energy/greenhouse-gas-equivalencies-calculato
We produced <b>27,386</b> ready-made meals, for a total of <b>43,274</b> servings	Based on Healthy Eating Research Nutrition Guidelines for the Charitable Food System
<b>21,418</b> 16 oz Meals ( <b>21,418</b> Svgs)	88% GREEN *Choose Often* Low Saturated Fat, Sodium and Added Sugar
<b>3,488</b> 32 oz Meals	2% YELLOW *Choose Sometimes* Medium Saturated Fat, Sodium or Added Sugar
(6,976 Svgs) 2,480 Family Style Meals	8% RED *Choose Rarely* High Saturated Fat, Sodium or Added Sugar
( <b>14,880</b> Svgs)	https://healthyeatingresearch.org/wordpress/wp-content/uploads/2020/03/Nutrition-Guideline-Expert Panel_one-pager2.pd