

Year in Review | 2021

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FOOD RECOVERY	VOLUNTEERS
We recovered a total of 86,428 lb (43 tons) of food	719 Hours by Community Volunteers and AmeriCorps Vista
39,719 lb Value Added/Frozen	2,266 Hours by Wooden Spoon Staff (worth \$50,328.25)
32,060 lb Distributed	ENVIRONMENTAL SAVINGS Through Food Recovery and Composting
8,724 lb Composted 5,925 lb Trade	COOL12 metric tons of greenhouse gases Equivalent to: *43 passenger vehicles driven for 1 year *23 US homes using energy for 1 year *13 bit
We produced 8,250 ready-made meals, for a total of 11,674 servings 5,714 16 oz Meals	NUTRITION RANKING OF RECOVERED FOOD Based on Healthy Eating Research Nutrition Guidelines for the Charitable Food System
(5,714 Svgs)	95% GREEN *Choose Often* Low Saturated Fat, Sodium and Added Sugar
2,314 32 oz Meals (4,628 Svgs)	3%YELLOW *Choose Sometimes* Medium Saturated Fat, Sodium or Added Sugar
222 Family Meals (1,332 Svgs)	2% RED *Choose Rarely* High Saturated Fat, Sodium or Added Sugar
	https://healthyeatingresearch.org/wordpress/wp-content/uploads/2020/03/Nutrition-Guideline-Exper Panel_one-pager2.pr