

## Year in Review | 2021

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FOOD RECOVERY	VOLUNTEERS
We recovered a total of <b>86,428 lb</b> ( <b>43 tons</b> ) of food	<b>719 Hours</b> by Community Volunteers and AmeriCorps Vista
<b>39,719 lb</b> Value Added/Frozen	<b>2,266 Hours</b> by Wooden Spoon Staff (worth <b>\$50,328.25</b> )
32,060 lb Distributed	ENVIRONMENTAL SAVINGS Through Food Recovery and Composting
<b>8,724 lb</b> Composted <b>5,925 lb</b> Trade	COOL12 metric tons of greenhouse gases         Equivalent to:         *43 passenger vehicles driven for 1 year         *23 US homes using energy for 1 year         *13 bit
We produced <b>8,250</b> ready-made meals, for a total of <b>11,674</b> servings <b>5,714</b> 16 oz Meals	NUTRITION RANKING OF RECOVERED FOOD Based on Healthy Eating Research Nutrition Guidelines for the Charitable Food System
( <b>5,714</b> Svgs)	95% GREEN *Choose Often* Low Saturated Fat, Sodium and Added Sugar
<b>2,314</b> 32 oz Meals ( <b>4,628</b> Svgs)	3%YELLOW *Choose Sometimes* Medium Saturated Fat, Sodium or Added Sugar
<b>222</b> Family Meals ( <b>1,332</b> Svgs)	2% RED *Choose Rarely* High Saturated Fat, Sodium or Added Sugar
	https://healthyeatingresearch.org/wordpress/wp-content/uploads/2020/03/Nutrition-Guideline-Exper Panel_one-pager2.pr